



JUBILEE
LIFE COLLEGE

AUTUMN

SEPTEMBER - DECEMBER

2026

**LIVE
LAUGH
LEARN**



JUBILEE CENTRAL - HULLBID CONTRIBUTION TO THE COMMUNITY AWARD WINNERS 2023

Who are we?

Jubilee Life College is a project run by Jubilee Church Hull. Its aims are to help people, who are usually marginalised, experiencing long term unemployment, social issues, addictions or mental health issues and learning or physical disabilities.

The project provides courses that help learners to gain confidence in themselves, build self esteem, provide social interaction and acquire new skills.

LIVE LAUGH LEARN

What we do

We aim to develop employability and social skills such as regular attendance, timekeeping, being organised, engaging with activities, following instructions, completing tasks, and working with others through collaboration.

We also help people to gain new skills in the areas of craft, cooking, communication skills and strategic skills through playing games. Lifelong learning skills such as reading, writing, maths and problem solving are an integral part of these courses. Students learn to interact and engage with others through teamwork activities.

As a result of coming to Life College people start volunteering, look for work, find employment, go on to do other courses here or elsewhere; as well as gain self-confidence, improve mental well being and improve social contact with others.

CENTRAL HULL AT A GLANCE

Courses held at Jubilee Central, 62 King Edward Street, Hull, HU1 3SQ.

Please see the brochure for more information and start dates,
contact: Lifecollege@notdull.org or ring 01482 328196 to book a place.

PHOTOGRAPHY

TUESDAY

10am – 12:15pm

CRAFT AND NATTER

TUESDAY

1pm – 3pm

RECOVERY COURSE

TUESDAY

7pm – 9pm

BOARD GAMES & POOL

WEDNESDAY

10am – 11:30am

LIFE SKILLS Money Budgeting & Basic Cookery

WEDNESDAY

1pm – 3:30pm



NORTH HULL AT A GLANCE



Courses held at the
Orchard Park Community Room,
Orchard Park Medical Centre.

Please see the brochure for more
information and start dates, contact:

Lifecollege@notdull.org
or ring 01482 328196 to book a place.



ARTS & CRAFTS

WEDNESDAY

10am – 12pm



**LOW IMPACT
CHAIR EXERCISES**

FRIDAY

10am – 11am



**BOARD & CARD
GAMES, QUIZ & BINGO**

FRIDAY

11am – 12pm

WEST HULL AT A GLANCE

Courses held at Cecil Gardens, Hawthorne Avenue, HU3 5SA.

Please see the brochure for more information and start dates, contact:
Lifecollege@notdull.org or ring 01482 328196 to book a place.

CRAFT

FRIDAY

6pm – 7:45pm



All courses are FREE and refreshments are available at no charge.

Photography

- Central Hull



Venue	Jubilee Central, 62 King Edward Street Hull, HU1 3SQ
Day & Time	Tuesdays 10am - 12:15pm
Start Date	15th September 2026
Duration	10 Weeks
Enrolment	Email lifecollege@notdull.org or call 01482 328196

Course Description

Jubilee Central has teamed up with a local professional photographer, Kevin Greene, for this creative, social and fun photography workshop. We have some cameras and gear available...all charged and ready for you!

In this Photography Workshop Kevin will....

- Help you know about the knobs, switches, dials and controls of a digital camera
- Introduce you to the basics of photography, including taking a bright and sharp photograph, composition, lighting, and storytelling through images.
- Show how accessible and adaptive tools like tripods, monopods and camera accessories enable you to engage with photography comfortably
- Share techniques and tips about how you can create photos you'll love and help you discover your creative edge

This workshop is a hands-on experience for all abilities, designed to inspire and engage. Join us in embracing the joy of creation and connecting through the art of photography.

Craft and Natter - Central Hull



Venue	Jubilee Central, 62 King Edward Street Hull, HU1 3SQ
Day & Time	Tuesdays 1pm - 3pm
Start Date	15th September 2026
Duration	10 Weeks
Enrolment	Email lifecollege@notdull.org or call 01482 328196

Course Description

Join our friendly, informal craft session as we do crafts and chat around a cuppa and a biscuit.

The sessions are participant led, you choose what you want to do from the many materials and ideas available.

You can learn a new craft, make suggestions for new ideas or bring along your own project to complete and show others what you are doing.

This is a great opportunity to socialise and be creative, so come along and join us. All materials and refreshments will be provided Free of Charge.

Recovery Course - Central Hull



Venue	Jubilee Church, 62 King Edward Street Hull, HU1 3SQ
Day & Time	Tuesdays 7pm - 9pm
Start Date	15th September 2026
Duration	16 Weeks
Enrolment	Email lifecollege@notdull.org or call 01482 328196

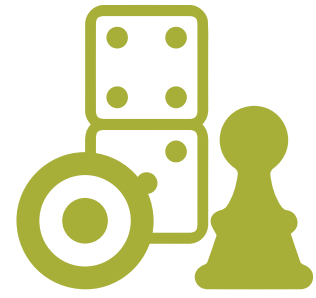
Course Description

The Recovery Course is open to anyone struggling with addictions including drug or alcohol. It is a good starter for those completely new to recovery as well as those who have been in recovery for years, but who would like to take a fresh look at the twelve steps. This course provides a place of trust & security, where practical support will be offered through the help of mentors.

Our partnership with 'Inside Out' enables us to offer the course and mentoring.

A FREE 2 course meal is available for participants each week.

Board Games and Pool - Central Hull



Venue	Jubilee Central, 62 King Edward Street Hull, HU1 3SQ
Day & Time	Wednesdays 10am - 11:30am
Start Date	16th September 2026
Duration	13 Weeks
Enrolment	Email lifecollege@notdull.org or call 01482 328196

Course Description

Join this friendly group of people in Central Hull to play board games, pool and table tennis. This is a great way to meet new people and to socialise over a cuppa whilst playing different games. You can let your competitive side out whilst you connect with others, collaborate and compete all in good fun.

So come along and join in.

Life Skills, Money Budgeting & Basic Cookery - Central Hull



Venue	Jubilee Central, 62 King Edward Street Hull, HU1 3SQ
Day & Time	Wednesdays 1pm - 3:30pm
Start Date	7th October 2026
Duration	8 Weeks
Enrolment	Email lifecollege@notdull.org or call 01482 328196

Course Description

This 8 week course is interactive and fun and will give tips on how to meet challenges in life with confidence; it will also give practical advice on how to manage your money with budgeting skills.

Each week there will be a healthy and nutritious food section to help you learn how to prepare and cook very simple and quick food from scratch.

Arts & Crafts

- North Hull

**Venue**

Orchard Park Community room,
Orchard Park Medical Centre

Day & Time

Wednesdays 10am - 12pm

Start Date

23rd September 2026

Duration

10 Weeks

Enrolment

Email lifecollege@notdull.org or call 01482 328196

Course Description

Come and join our fun, sociable group to take part in a blend of creativity with some technical skills. We have done projects using Powertex, jewellery making, weaving, decoupage and paper crafting. We have also done some drawing and painting. This would be a great group to express your creativity.

All materials and refreshments are free.

Low Impact Seated Exercises

- North Hull



Venue	Orchard Park Community room, Orchard Park Medical Centre
Day & Time	Fridays 10am - 11am
Start Date	25th September 2026
Duration	10 Weeks
Enrolment	Email lifecollege@notdull.org or call 01482 328196

Course Description

There are many benefits to chair exercises especially for people with limited mobility and is beneficial for everyone. These sessions are led by professional trainers.

Physical benefits:

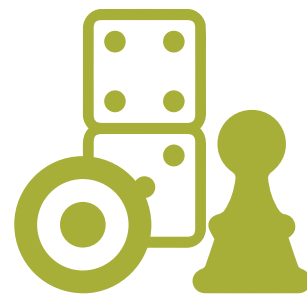
Improves strength and endurance, enhances flexibility and mobility, boosts cardiovascular health, strengthens core muscles and improves posture and balance to limit falls.

Mental and emotional benefits:

Reduces stress and improves mood, increases confidence and supports independence through increased mobility.

Board & Card Games, Quiz & Bingo

- North Hull



Venue Orchard Park Community room,
Orchard Park Medical Centre

Day & Time Fridays 11am - 12pm

Start Date 25th September 2026

Duration 10 Weeks

Enrolment Email lifecollege@notdull.org or call 01482 328196

Course Description

Do you want to meet new people and socialise? Then come along and play card and board games or take part in a quiz or bingo and socialise at the same time with this small, friendly group of people over a free cuppa and biscuits.

There are lots of benefits to playing games:

- It can help memory formation and cognitive skills
- It can increase brain function and sharpen focus
- It can also enhance creativity, self-confidence
- It can help with anxiety, lower blood pressure, and can help prevent diseases like Alzheimer's.

So come along and join in.

Craft

- West Hull



Venue	Cecil Gardens, Hawthorne Avenue Hull, HU3 5SA
Day & Time	Fridays 6pm - 7:45pm
Start Date	11th September 2026 (Social to start with)
Duration	12 Weeks
Enrolment	Email lifecollege@notdull.org or call 01482 328196

Course Description

Do you enjoy crafting or do you want to start? Then this is for you.

This is a mixed ability craft group with a wide range of opportunities to craft.

You will be able to chat with others and socialise whilst being creative; free refreshments will be available. So come along and get inspired to create.



'Full' is pleased to offer an excellent opportunity for individuals to gain practical training and develop a clear pathway into employment through our 'Full' training programme. We currently offer two courses: Chef and Kitchen Skills, and Barista Training with Front of House Food Service.



To apply, please complete the application form found from QR link and return it to us by email at phil@notdull.org, by post, or in person at - Full Training, Jubilee Central, King Edward Street, Hull, HU1 3SQ.

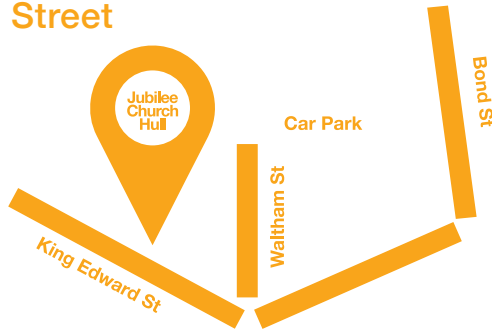


Interviews will be held in September 2026 and the Course commences in October 2026.

Venue Locations

JUBILEE CENTRAL

62 King Edward Street
Hull HU1 3SQ



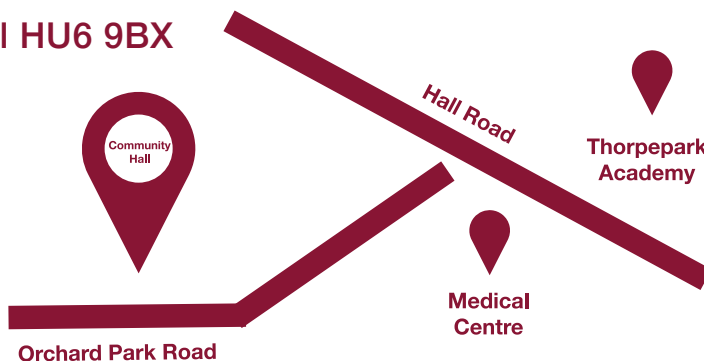
CECIL GARDENS

Hawthorne Avenue
Hull HU3 5PU



COMMUNITY HALL

The Orchard Centre, Orchard Park Road
Hull HU6 9BX



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Jubilee Life College is a project run by Jubilee Church Hull in partnership with:

INSIDE+OUT

Jubilee Church Hull

**family
action**

**Jubilee
Life
College**

**62 KING EDWARD STREET
HULL, HU1 2SQ**

**T. 01482 328196
E. lifecollege@notdull.org**